2 weeks out from screening date

Do your legs ache after walking a short distance? If so, you may want to consider being screened for peripheral arterial disease (PAD), a condition in which the arteries that carry blood to the arms or legs become narrowed or clogged by plaque, slowing or stopping the flow of blood. Life Line Screening will bring this preventive health event that can assess one’s risk of PAD through an ankle brachial index (ABI). PAD is closely linked to coronary artery disease and identifying PAD can also help prevent heart attack and stroke. We are pleased to host a screening at the Carnegie Borough Building. Register for a Wellness Package with Heart Rhythm for $149.

All five screenings take 60-90 minutes to complete. Your Health is in Your Hands, so call 1-888-653-6441 for more information or to pre-register.

**Spoken Announcements for Life Line Screening Preventive Health Events**

**30 Seconds**

Stroke is the fourth leading cause of death in the United States, and this catastrophic event can strike without warning. In fact, four out of five people who have had a stroke showed no apparent warning signs prior to their attack. But, strokes can be stopped in their tracks. On **Friday, June 29, 2012 at Carnegie Borough Building** there will be a Life Line Screening preventive health event to scan for the risk of stroke and other vascular conditions.

**10 Seconds**

On **Friday, June 29, 2012 at Carnegie Borough Building** there will be a Life Line Screening preventive health event to scan for the risk of stroke and other vascular conditions.

**A Stroke Doesn’t Have to Happen!**
Did you Know…

- **Stroke is the 4th leading cause of death in the US**
- **4 out of 5 people who have suffered a stroke had no apparent warning signs**
- **80% of all strokes can be prevented**

Protect your health by finding out your risk of having a stroke by participating in the Life Line Screening that will be at Carnegie Borough Building on Friday, June 29, 2012. Through ultrasound we evaluate the carotid arteries for the buildup of fatty plaque, which is the leading cause of stroke.

Register today for the Stroke, Vascular & Heart Rhythm package. Packages range from only $129.00 - $159.00, which includes four screenings: carotid artery, abdominal aortic aneurysm, peripheral arterial disease and atrial fibrillation. Call **1-888-653-6441** or visit [www.lifelinescreening.com/community-partners](http://www.lifelinescreening.com/community-partners) to schedule your appointment. Join in the fight against vascular disease!

**Peripheral Arterial Disease (PAD). Have you heard about it?**

- 8 to 12 million people in the US have PAD and unfortunately only half know they have it
- Only 10% of persons with PAD have classic symptoms
- Risk factors include smoking, diabetes, high blood pressure and high cholesterol

PAD screenings are normally not part of a routine physical. Protect your health by finding out your risk of PAD by registering for an ankle brachial index test. Carnegie Borough Building will be hosting a Life Line Screening preventive health event on Friday, June 29, 2012.

This event is also being sponsored by:

**Ohio Valley General Hospital**

Register today for the Stroke, Vascular & Heart Rhythm package. Packages range from only $129.00 - $159.00, which includes four screenings: carotid artery, abdominal aortic aneurysm, peripheral arterial disease and atrial fibrillation. Call 1-888-653-6441 or visit [www.lifelinescreening.com/community-partners](http://www.lifelinescreening.com/community-partners) to schedule your appointment. Join in the fight against vascular disease!